

RULES AND REGULATION THAT ARE TO BE FOLLOWED BY ALL INMATES IN THE MCDOWELL COUNTY JAIL.

THE ONLY ITEMS ALLOWED IN EACH CELL, "PER PERSON"

1- MATTRESS	1 -MATTRESS COVER
1 -SHEET	1 -BLANKET
1 -ISSUED SHIRT	1 -ISSUED PANT
1 -PAIR ISSUED SHOES	1 -TOOTH BRUSH
1 -TUBE TOOTH PASTE	1 -BAR OF SOAP
1 -ROLL OF TISSUE PAPER	2 -CUPS WITH LIDS
5- UNDERWEAR	5 -T-SHIRTS
3 -BRAS	3 -THERMAL TOPS
3 -THERMAL BOTTOMS	1 -TOWEL
1- SPOON	1-TRASH BAG PER ROOM
5 -SOFT COVER BOOKS [TO INCLUDE RELIGIOUS MATERIAL]	

- A. EXTRA ITEMS MUST BE APPROVED BY ADMINISTRATION AND/OR MEDICAL STAFF.
- B. NO SHEETS OR OTHER MATERIALS ARE TO BE USED TO BLOCK THE VISION OF STAFF.
- C. ABSOLUTELY NO CLOTHES LINE IS TO BE CONSTRUCTED.
- D. THERE IS TO BE NOTHING STUCK TO WALLS,BUNKS, LOCKERS,OR LIGHTS.
- E. NO WRITING ON ANY SURFACE WALL OR OTHER.
- F. NOTHING IS TO BE PLACED TO BLOCK THE LIGHT COMING FROM WINDOWS.
- G. NO COVERING OF VENTS.
- H. NO STYROFOAM IN CELLS.
- I. NO EXTRA SPOONS.
- J. NO PANT LEGS ARE TO BE ROLLED UP, OR SHIRT SLEEVES PULLED UP, INMATES ARE TO BE FULLY DRESSED AT ALL TIMES IN THE ISSUED ORANGE CLOTHING WHEN OUTSIDE OF THEIR CELL.
- K. AT ROLL CALL, ALL INMATES ARE TO BE STANDING IN FRONT OF THEIR CELL DOORS AND REMAIN QUIET, ACKNOWLEDGE

WHEN YOUR NAME IS CALLED BY LIFTING YOUR HAND.

- L. INMATES ARE TO ENTER THEIR ROOMS AS SOON AS THE DOOR IS OPENED AFTER ROLL CALL.
- M. ABSOLUTELY NO HORSEPLAYING, LOUD TALKING, OR VULGAR LANGUAGE.
- N. NO TOBACCO, LIGHTERS, MATCHES, OR ROLLING PAPERS.
- O. YOU ARE NOT TO ENTER ANYOTHER CELL BUT YOUR OWN.
- P. NO BARTERING, TRADING OR GAMBLING.
- Q. NO INK PENS OR ANY TATOO CONTRABAND.
- R. YOU ARE NOT PERMITTED TO TRANSFER YOUR CLOTHING OR ANY OTHER PROPERTY TO ANOTHER INMATE.
- S. EACH INMATE IS RESPONSIBLE TO MAINTAIN SANITARY CONDITIONS, INCLUDING PERSONAL HYGIENE AND CLEANING OF ALL LIVING SPACE.
- T. WHEN YOUR DOOR IS OPENED FOR YOU TO FOLLOW AN INSTRUCTION SUCH AS, COME TO THE CONTROL TOWER WINDOW, OR TO GET CANTEEN ETC... YOU ARE NOT ALLOWED TO ROAM ABOUT, FOLLOW INSTRUCTIONS AND RETURN TO YOUR CELL.
- U. LINE UP FOR ALL MEALS, ONLY TAKE YOUR TRAY AND DRINK AND GO SIT AT A TABLE.
- V. IF YOU HAVE NO FUNDS, YOU WILL NEED TO SUBMIT AN INMATE GRIEVANCE/REQUEST FORM FOR YOUR NEEDED SUPPLIES. THESE SUPPLIES WILL BE GIVEN TO YOU IN AN ORDERLY AND TIMELY MANNER. DO NOT STOCKPILE THESE ITEMS AS IT THEN BECOMES CONTRABAND.
- W. HAIRCUTS MAY BE AVAlABLE ON WEEKENDS.
- X. YOU ARE SUBJECT TO INSPECTIONS AND SEARCHES AT ALL TIMES.
- Y. ANYTHING THAT IS NOT ISSUED TO YOU WILL BE CONSIDERED TO BE CONTRABAND.
- Z. VIOLATION OF THESE, OR ANY RULE, LAW, OR ORDER GIVEN MAY BE SUBJECT TO DISCIPLINARY ACTION.
- ZZ. All outgoing mail is to be turned in Unsealed. Attorney Privilege mail will be searched and then sealed in the inmate's presence.** *****

THESE RULES AND REGULATIONS ARE INTENDED TO INSURE SAFE CUSTODY, DECENT LIVING CONDITIONS, AND FAIR TREATMENT DURING YOUR INCARCERATION.